Call Crisis Intervention 717-394-2631
*if you need immediate mental health assistance or are feeling like hurting yourself or anyone else.*

Call 211 *for confidential, free telephone support provided by trained volunteers.*

For additional providers who accept medical assistance, call Perform Care at 1-888-722-8646. Perform Care manages behavioral health and drug and alcohol services for medical assistance.

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### Therapists and Psychiatric Care

**Behavioral Healthcare Corporation (2 locations)**
*Call 717-399-8288 to schedule first appointment*

- 822 Marietta Avenue  
  Lancaster, PA 17603
- 535 Locust Street  
  Columbia, PA 17512

- www.bhclanc.com

**Community Services Group/MAPS Behavioral Health**

- 790 New Holland Avenue  
  Lancaster, PA 17602
- 877-907-7970 ext. 50014  
  www.csgonline.org

**Pennsylvania Counseling Services**

- 40 Pearl Street  
  Lancaster, PA 17603
- 717-397-8081  
  www.pacounseling.com

**Philhaven (4 locations)**
*Call 1-800-932-0359 to schedule first appointment*

- 354 North Reading Road  
  Ephrata, PA 17522
- 1884 Rohrerstown Road  
  Lancaster, PA 17601
- 812 N. Prince Street  
  Lancaster, PA 17604
- 422 Cloverleaf Road  
  Elizabethtown, PA 17022

- www.philhaven.org

**SACA/Behavioral Health Services** *(Servicios disponibles en Español)*

- 545 Pershing Avenue  
  Lancaster, PA 17602
- 717-293-4150  
  www.sacapa.org

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**TeamCare Behavioral Health, LLC**

- 1808 Colonial Village Lane, Suite 103  
  Lancaster, PA 17601
- 717-391-0172  
  www.teamcarebh.com

**TW Ponessa and Associates**
*Call 1-800-437-5405 to schedule first appointment*

- 410 N. Prince Street  
  Lancaster, PA 17602
- 717-560-7917  
  www.twponessa.com

**Behavioral Health Specialists of Lancaster General**
*Counseling offered by referral from psychiatrist only*

- 802 New Holland Avenue, Suite 100  
  Lancaster, PA 17602
- 717-560-3782

**Catholic Charities Lancaster Counseling Office** *(Servicios disponibles en Español)*
*Call 717-299-3659 to schedule first appointment*

- 925 North Duke Street  
  Lancaster, PA 17601  
  www.catholiccharities.org

**Life Span Psychological Services**

- 2819 Willow Street Pike  
  Willow Street, PA 17584
- 717-464-1464  
  www.lifespanmentalhealth.com

**Pressley Ridge (3 Locations)**
*Call 717-397-5241 to schedule an appointment.*

- 630 Janet Avenue  
  Lancaster, PA 17601
- 510 Walnut Street  
  Columbia, PA 17512
- 516 North Duke Street  
  Lancaster, PA 17602

- www.pressleyridge.org
Therapists

Bette Landis, LCSW
1689 Crown Avenue, Suite 4
Lancaster, PA 17601 717-560-4443

Dr. Latinia M. Shell, LPC, NCC, ACS (2 Locations)
361 W. James Street 447 S. Prince Street
Lancaster, PA 17603 Lancaster, PA 17603
717-823-9818
www.lancster-counseling.com

Weigel Counseling Associates (3 locations)
Call 717-464-1450 for first appointment at any location
2421 Willow Street Pike 2320 Rothsville Road
Willow Street, PA 17584 Lititz, PA 17543
160 North Pointe Boulevard Lancaster, PA 17601
www.weigelcounseling.com

Free Support Groups

Mental Health America of Lancaster County
717-397-7461 www.mhalancaster.org

Definitions:

Psychiatrist:
A medical doctor who will prescribe medications to manage mental health symptoms.

Mental Health Therapist:
A person (may be a counselor, social worker, or psychologist) who provides “talk” therapy. This person can help you set personal goals based on your needs.

Crisis Intervention:
Anonymous help line, immediate answers to questions and referrals as needed.

Private Practice:
An individual (psychologist, social worker, therapist or counselor) who works independently from an agency.